

**Maxey
After School
Classes**



Fall 2017

**Schedules, Descriptions &
Registration**

Dear Maxey Parents & Students,

Welcome to the fall 2017 Maxey after school program. This program offers a wide range of classes to further enrich our students. Individual class descriptions are in this packet for your review.

- * Classes start the week of October 2nd and run for six weeks (*please note dates as Mon. & Thur. classes do not run consecutively and the knitting class will start Oct. 11*).
- * Classes must have a minimum of six students to fund the class. Any class with less than six students will be evaluated by the teacher to see if it can still be funded. If the class is cancelled you will be notified to either switch to another class or be issued a refund.
- * Tuition is \$35/class. Some classes may require a materials/supply fee so the instructors can purchase materials/supplies relevant to the class.
- * On their scheduled class day, your child will go directly to the gym when school is dismissed for the day. There they will line up by their after school class. From there your child will be accompanied to their assigned classroom by the instructor.
- * Classes dismiss at 4:30 pm. Family Service students will report to the cafeteria. Other students will be dismissed through the front doors. Please be prompt in picking up your child; we want to make sure all students are safe.
- * Go to maxeypto.org to register for classes. You may use a computer in the school if you need access to the internet.
- * **Registration ends Sunday, September 24th.** Classes will be filled in order of receipt of registration, so register early!

WE ARE LOOKING FOR A VOLUNTEER DURING THE 3:30-4:30 CLASS TIMES! It's simply making sure the students get to the gym, take the attendance from the teachers and then make sure kids get picked up afterwards. **YOUR KIDS CAN TAKE THEIR CLASS FOR FREE** while you spend an hour relaxing, reading, doing work.... Contact me for more details.

Please email any questions to jerstad@cox.net.

Sincerely,

Jessica Erstad
After School Class Coordinator

2017 Fall Classes

Monday

Healthy Little Chefs (K-3rd)
Crafty Kids (1st-3rd)
Chess Club (1st-5th)
East High Cheer Club (1st-5th)
Spanish (2nd-5th)
Lacrosse (2nd-5th)
Crazy Cute Cupcakes (2nd-5th)
Lego Robotics (3rd-5th)

Wednesday

Beginning Gymnastics (K-3rd)
Chinese Club (K-5th)
Spanish (2nd-5th)
Girl Up (3rd-4th)
Basketball (4th-5th)
Girl Up (5th)
**Let's Knit! (2nd-5th)

Thursday

Yoga for Children (K-3rd)
Beginning Gymnastics (K-3rd)
Chinese Club (K-5th)
Baseball/Softball (2nd-5th)
Sew Amazing (3rd-5th)

Monday Classes

October 2, 9, 23, 30 November 6, 13

Healthy Little Chefs

Grades K-3rd

Calling all hungry kids! Join Alyssa, your 70th & Pioneers Hy-Vee dietitian after school for a Lil' Chefs Cooking Class! Kids will learn about different foods and prepare 2 to 3 snacks during each class to enjoy. This class may not be suitable for children with specific food allergies.

Instructor: Alyssa Krejci, RD, LMNT

Cost: \$53 (includes a \$18 materials fee)

Max number of students: 12

For specific questions on this class, please contact Alyssa Krejci (akrejci@hy-vee.com)

Crafty Kids

Grades 1st-3rd

Come and make super cool crafts that you can take home and use! All kinds of fun weekly crafts that are easy to make and have fun making right here at school too.

Instructor: Sheri Tebo

Cost: \$50 (includes a \$15 materials fee)

Max number of students: 10

For specific questions on this class, please contact Mrs. Tebo (stebo@lps.org)

Chess Club

Grades 1st-5th

In our class we will learn, play and have fun with chess. Did you know that the game of chess we know today has been around for more than 500 years? We will start with the basic rules and moves but we will mostly play! Registration is open for 1st grade up but if a Kindergarten student already knows how to play, he/she is welcome to join the class.

Instructor: Dora Monica

Cost: \$35

Max number of students: 13

For specific questions on this class, please contact Monica at (doraadam@gmail.com)

East High Cheer Club

Grades 1st-5th

This class will be F-U-N, fun!! Come learn cheers from the East High Cheerleaders. Kids will learn basic pom motions, kicks and jumps used in cheerleading.

Instructor: East High Cheerleaders

Cost: \$35

Max number of students: 20

For specific questions on this class, please contact Christy Firestone (cfirest@lps.org)

Spanish

Grades 2nd-5th

Students going to Moore Middle School will have a chance to take Spanish. Come try it at our after school class first! Learn greetings, colors, numbers and fruits in Español. Bring your enthusiasm and be willing to learn this beautiful language. Learning will be fun! It will be reinforced with music and games.

Instructor: Jesus Meyer

Cost: \$35

Max number of students: 14

For specific questions on this class, please contact Jesus Meyer (jessicameyer6@yahoo.com).

Lacrosse

Grades 2nd-5th

The lacrosse after school program is a fast paced, fun introduction to one of the fastest growing sports in America! It is a great way for beginners to learn the basics of lacrosse like throwing, catching, shooting and cradling while playing a competitive game. Experienced players are welcome and will love the change of pace. We will play 3v3 games indoors using mini-sticks and soft balls with rules similar to basketball (no checks, no goalies). We will provide all the equipment and a lot of fun!!

Instructor: Curtis Oie

Cost: \$35

Max number of students: 14

For specific questions on this class, please contact Curtis Oie (curtisoie@gmail.com).

Crazy Cute Cupcakes

Grades 2nd-5th

This class will explore the creative fun of cake decorating. Each week students will learn techniques for cake decorating by using tips, tools, frostings and fondants. This class has additional supply needs so the cost will be slightly higher. Be sure to sign up quickly as this class fills up fast!

Instructor: Holly Southwick and Bobbi Heibel

Cost: \$50 (includes a \$15 materials fee)

Max number of students: 12

For specific questions on this class, please contact Mrs. Southwick (hsouth@lps.org) or Mrs. Heibel (bheibel@lps.org)

Lego Robotics

Grades 3rd-5th

Join Mr. Tebo on a robotics adventure. We will be working with Lego Robotics NXT kits to build and program robots. A new, fun and exciting adventure awaits us every week! Learn and have fun at the same time! If this class fills, preference will be given to those students who have not taken the class already.

Instructor: Mr. Tebo

Cost: \$35

Max number of students: 10

For specific questions on this class, please contact Mr. Tebo (gtebo@lps.org)

Wednesday Classes

October 4, 11, 18, 25 November 1, 8

Beginning Gymnastics

Grades K-3rd

Want to have fun learning some cool tricks? Former Husker gymnast Jamie Schleppenbach will be coaching/teaching a fun energy driven gymnastics class with many different activities such as relay races, learning handstands, somersaults, cartwheels and more. Stretching will also be a part of the class as well as balancing techniques and other gymnastics related games!

Instructor: Jamie Schleppenbach

Cost: \$35

Max number of students: 10

For specific questions on this class, please contact Jamie (jschlepp3@gmail.com).

Chinese Club

Grades K-5th

Did you know that Lux Middle School offers Chinese language classes? Whether your future is at Lux or Moore, come try it out!. Maxey Chinese Club will help students learn and understand Chinese language and culture naturally through highly engaging activities, stories, games, music and arts.

Instructor: Grace Li

Cost: \$35

Max number of students: 12

For specific questions on this class, please contact Grace Li (gli@lps.org)

Spanish

Grades 2nd-5th

Students going to Moore Middle School will have a chance to take Spanish. Come try it at our after school class first! Learn greetings, colors, numbers and fruits in Español. Bring your enthusiasm and be willing to learn this beautiful language. Learning will be fun! It will be reinforced with music and games.

Instructor: Jesus Meyer

Cost: \$35

Max number of students: 14

For specific questions on this class, please contact Jesus Meyer (jessicameyer6@yahoo.com).

Girl Up!

Grades 3rd-4th

Girls are powerful. When they are empowered, have the appropriate resources needed to thrive and know their voices matter, they can change our world. Join the LPS Girl Empowerment Program, a one-of-a-kind experience that will provide you with the tools necessary to accomplish all your dreams! Piloted at Maxey Elementary School last spring and seeing massive success, we guarantee that you will come out of this program knowing that you and other girls are capable of doing absolutely anything! This program involves fun, interactive and educational activities that equip future work leaders with knowledge, confidence and a call to action. We will also be participating in activities through the United Nation's Foundation Girl Up, a youth-run organization dedicated to advocating, fundraising and bringing awareness to issues girls face throughout the world.

Instructors: Veronica Chapman

Cost: \$35

Max number of students: 10

For specific questions on this class, please contact Veronica Chapman (vchapman875@gmail.com)

Basketball

Grades 4th-5th

If you're already playing on a basketball team or new to the sport, come join us for some fun in the gym. This class will work to improve your basic skills such as dribbling, shooting and general awareness for both offense and defense. We will finish up with a 3v3 basketball tournament! Sign up fast. This class is only open to the first 18 boys or girls that register!

Instructors: Lucas Tieso

Cost: \$35

Max number of students: 18

For specific questions on this class, please contact Lucas Tieso (lucas.tieso@yahoo.com)

Girl Up!

Grades 5th

Girls are powerful. When they are empowered, have the appropriate resources needed to thrive and know their voices matter, they can change our world. Join the LPS Girl Empowerment Program, a one-of-a-kind experience that will provide you with the tools necessary to accomplish all your dreams! Piloted at Maxey Elementary School last spring and seeing massive success, we guarantee that you will come out of this program knowing that you and other girls are capable of doing absolutely anything! This program involves fun, interactive and educational activities that equip future work leaders with knowledge, confidence and a call to action. We will also be participating in activities through the United Nation's Foundation Girl Up, a youth-run organization dedicated to advocating, fundraising and bringing awareness to issues girls face throughout the world.

Instructors: Veronica Chapman

Cost: \$35

Max number of students: 10

For specific questions on this class, please contact Veronica Chapman (vchapman875@gmail.com)

****Let's Knit a Fun Project!**

Grades 2nd-5th

You can learn to knit for you or your pets. You can make a scarf, a winter head band or bookmarks. This beginner knitting class is designed to teach basic knitting stitches, casting on and binding off. The class will include some basics about yarn, needles and patterns. We will finish the class with decorative add-ons. Ages 8-11

**This class will start October 11 and end Nov 15

Instructors: Deb Duval

Cost: \$45 (includes a \$10 materials fee)

Max number of students: 8

For specific questions on this class, please contact Deb Duval (dcduval25@gmail.com)

Thursday Classes

October 5, 12, 26 November 2, 9, 16

Yoga for Children

Grades K-3rd

Incorporating the Take 5 Program, students will learn breath work, yoga asana (poses) and ways to self-regulate and navigate the demands of our ever changing environment. Encouraging compassion and love for the self and empathy for others is emphasized. Signature Take 5 Sequence of bright, brave, balanced and kind poses are included in each class--consistently bringing joy and self awareness to the hearts and minds of our students.

Instructor: Jennifer Conway, 200RYT is Certified in Take 5 Training

Cost: \$35

Max number of students: 10

For specific questions on this class, please contact Jennifer Conway (jconway456@gmail.com).

Beginning Gymnastics

Grades K-3rd

Want to have fun learning some cool tricks? Former Husker gymnast Jamie Schleppenbach will be coaching/teaching a fun energy driven gymnastics class with many different activities such as relay races, learning handstands, somersaults, cartwheels and more. Stretching will also be a part of the class as well as balancing techniques and other gymnastics related games!

Instructor: Jamie Schleppenbach

Cost: \$35

Max number of students: 10

For specific questions on this class, please contact Jamie (jschlepp3@gmail.com).

Chinese Club

Grades K-5th

Did you know that Lux Middle School offers Chinese language classes? Whether your future is at Lux or Moore, come try it out!. Maxey Chinese Club will help students learn and understand Chinese language and culture naturally through highly engaging activities, stories, games, music and arts.

Instructor: Grace Li

Cost: \$35

Max number of students: 12

For specific questions on this class, please contact Grace Li (gli@lps.org)

Baseball/Softball

Grades 2nd-5th

Take me out to the ball game. Be prepared to have fun with the East High Baseball team! Kids will work on baseball mechanics. We will stretch, play catch, work on baseball drills and have a competition for the day. Be sure to bring your glove (but leave it in your backpack while in school!). Baseballs, bats and helmets will be provided. Anyone is welcome to bring a softball if they prefer. Class will be held outside on most days. We will come inside if it gets too cold.

Instructors: East High Baseball Team

Cost: \$35

Max number of students: 20

For specific questions on this class, please contact Scott Standish (sstandi@lps.org).

Sew Amazing

Grades 3rd- 5th

This fall the Sew Amazing class will be making a quilt using backpack t-shirts to make a wall hanging for the school! We will also make 9 patch pillows for the students to keep. Sewing is a life-long lesson that can not only be used for practical purposes but for fun activities and crafting. Come learn with us and leave a lasting impression in our school!!

Instructor: Kim Meyers

Cost: \$40 (includes a \$5 material fee)

Max number of students: 10

For specific questions about this class, please contact Kim Meyers (kmeyers@lps.org).

To register for after school classes, please go to maxeypto.org and fill out the appropriate form.